

STUDENT SYMPTOMS OF ILLNESS GUIDELINES

Students who exhibit signs of illness as described below OR ARE WAITING FOR RESULTS OF A COVID 19 TEST, should stay home from school and school activities. Students who exhibit signs of illness during the school day will be sent home. **Parents should monitor their children's symptoms daily, including checking temperature, before coming to school or attending school activities to determine if they are well enough to attend school/activities.**

Stay home when:

You have one of the high risk symptoms:

- Fever of 100.4 F (oral equivalent) or above
- New Cough (different than baseline for student with allergies/asthma)
- Shortness of breath
- Difficulty breathing
- New loss of taste or smell

You have two or more low risk symptoms or your symptoms are not within your "norm":

- Headache
- Muscle / Body Aches
- Fatigue
- Sore Throat
- Runny Nose
- Congestion
- Nausea
- Vomiting
- Diarrhea
- Chills

Someone in your household is positive for COVID-19 or you are waiting for COVID-19 Results:

- Close contact is defined as being within 6 feet for more than 15 minutes of someone positive for COVID-19

NEXT STEPS:

1. Call the school attendance line and report your symptoms and/or exposure to COVID-19.
2. Call your healthcare provider for guidance and for questions/recommendations about COVID 19 testing.
3. All people with symptoms as described above should remain in their house and isolated from other family members in the home.

Return to school:

Individuals previously diagnosed positive for COVID-19 within the past 12 weeks, and were again exposed to a positive COVID-19 case, do not need to quarantine unless symptoms develop

If evaluated by a health care provider, and diagnosed with something other than COVID 19 (ear infection, strep throat etc) Return to school after 24 hours with no fever (without the use of fever-reducing medicine) and symptoms improving. Health care provider documentation required.

CLOSE CONTACT

- Students will stay home for 14 days after their last exposure to the positive household member to monitor for development of symptoms. If exposed student tests negative for COVID, they still need to stay home for the full 14 days. COVID testing is a "point in time" test.
- Students who are identified as a close contact to a positive person at school or in the community may attend school IF the student and positive person wore a mask correctly for the entire interaction.

POSITIVE TEST/NO TEST

Positive with symptoms or had symptoms but not tested:

- At least 10 days have passed since symptoms first appeared AND no fever for at least 24 hours (without the use of medicine that reduces fevers) AND other symptoms have significantly improved.

Positive with no symptoms:

- 10 days have passed since the test if no symptoms developed.

NEGATIVE TEST but had symptoms:

- Symptoms have improved AND are fever free for 24 hours without the use of medication