

McKinley Middle School PE Expectations

Behavior: You are expected to treat the PE teachers AND your classmates with respect and display good sportsmanship at all times. No put-downs or bullying will be tolerated.

Tardies: Be in the locker room by the time the bell rings to avoid being tardy. The tardy policy is posted in both locker rooms and in the gym. Also be on-time to the gym for attendance.

RESTROOMS/DRINKS: Please try to use the restroom in the locker room prior to class. If a restroom emergency occurs, you must get permission from one of the PE teachers to leave. Only 1 boy and 1 girl are allowed to leave at a time. The passes are hanging on the black box by the small bleachers. If the pass is being used, wait until it is returned to leave. Use the 1st floor restrooms. It is expected you will go directly to the restroom and come straight back in a timely manner. If not, you will lose restroom privileges. Per school policy, students may not leave the classroom the first 15 or last 15 minutes of each class.

Cell Phones: NO CELL PHONES ALLOWED IN THE LOCKER ROOM, GYM, OR OUTSIDE DURING CLASS. If you accidentally bring your cellphone to the locker room, you must put it in the PE office upon arrival to the locker room and leave it until the end of class. You may not take it back into the locker room. **IF YOUR PHONE IS SEEN IN THE LOCKER ROOM, IN THE GYM, OR OUTSIDE DURING CLASS, IT WILL BE CONFISCATED AND TAKEN TO THE OFFICE UNTIL A PARENT PICKS IT UP. YOU MAY NOT HAVE IT WITH YOU IN YOUR HAND, POCKET, OR TRAPPER. IF YOU HAVE YOUR PHONE ON IN THE LOCKER ROOM, THE OFFICE WILL BE CONTACTED AND OFFICE PERSONNEL WILL ESCORT YOU (AND YOUR PHONE) UPSTAIRS AND CONSEQUENCES WILL BE DETERMINED. LEAVE YOUR PHONE IN YOUR HALL LOCKER!**

Medical Concerns:

- Bring a note from a parent/guardian to excuse you from participation for 1-3 days of PE class.
- Bring a doctor's written note if you must be excused from participation for longer than 1-3 days of class.

Fire Drill: If we are in the big gym, walk quietly out the gym doors and line up single file close to the 4-square lines by the bike racks. Stand quietly and wait for further instructions. If we are in the locker rooms, go outside the rear exit of the locker room and line up by the bike racks.

* If you are in the small gym, exit out through the cafeteria door.

Tornado drill: Go into your locker room. Kneel and cover your head inside or near the shower room. No talking. If you are in the small gym, you may just stay there, kneel and cover your head. Your teacher will give you instructions.

Lock Down: If we are in the big gym we will sit against the wall where the small bleachers are. It is extremely important that you are SILENT and stay out of sight of the hall gym doors. If we can get to the locker rooms, we will. Go to the back in the hallway leading to the back exit of the locker room and SIT SILENTLY. All of the lights will be turned off to make it appear that no one is in the locker room. Don't scream or yell when the lights are turned off. This could cue any intruders that you are in the room.

Lock Down if you are in the small gym: Stay close to the exit doors by the cafeteria. Stay out of sight of the glass doors on the balcony. Be silent.

Lock Down Outside: Listen for instructions from the teachers. We would want to get away from the building, not go in the school if there is an intruder inside. Stay with the class.

Please take the fire, tornado, and lock-down drills seriously. Although no real fire, tornado, or lockdown may ever occur, everyone needs to know what to do and to be safe in an emergency.

Employability Skills grade: You will be graded weekly on Respect, Responsibility, and Engagement (participation). This is part of your sports eligibility grade.

Included in your grade:

Respect

Responsibility

Engagement (participation)

Teachers/Classmates

Dressing Out

Participating appropriately

Following directions

E (exemplary) = 0 violations/week of Respect, Responsibility, and Participation

P (proficient) = 1-2 violations/week

D (developing) = 3-4 violations/week

I (insufficient) = 5 or more violations/week

N (no evidence) = refusal to participate/extended absences, etc.

We will be using LCA (Learner Centered Assessments) for your grading this year. We will go over expectations for that for each standard assessed.